

LAWS OF HEALING AND RECUPERATION

By Jennifer Beasley

Over the past 25 years, using of Kinesiology, Neuro-Training, and Natural Therapies, I have witnessed many observations. For many of those earlier years, I would eagerly use the latest information, the newest technique, or the most popular trend to best support the person's health. After some time, I noticed a pattern. This pattern, in each account, referred back to the person's ability, their available energy to heal themselves and the application of their innate resources. For those where these references were well placed and in working order within their nervous system, some wonderful healing affects would occur. For those who did not have these references available, whose internal conflicts stopped them from accessing these, returned with the same issue or took many more session to sort out.

I believe it is so important to regain the authority and ability to control our own health and recuperation first, and then to seek help when and if we need it. In having an understanding of how we heal, what it is inside us that contributes to that process gives us a solid step to gaining that authority.

Traditional Physicians of Homoeopathic training believe that the *energy* of the person must first be set in order for true healing to occur. These energy directions they believe are based on Universal Laws. They occur in each and every one of us and, in fact, these directions of recuperation are the basis of how our neurology best expresses itself. How we recuperate is an innate expression used throughout the healing process of mankind. Our

development of health is best understood through understanding the Laws of Healing rather than techniques, protocols, regimes or other cultural habits.

When it comes to healing, health and recuperation, I notice that not enough emphasis can be placed upon the importance of the universal '*law of direction of cure*'. (Kent).

Homoeopathic physicians when they refer to cure, refer to the 'complete eradication of disease states and consequently the complete eradication of the symptoms for long term, and a return to a condition of normal, vigorous health'. (Organon of Medicine). (Note the word cure as quoted by Kent please read as '*recuperation*')

Homoeopathic physicians have found over many years that the understanding of this great law has proven of great value in this process of healing, in that we as individuals and as wellness practitioners must know whether we are proceeding in this manner or not. In knowing where our healing process is at any given time, gives a higher possibility to long term healing and not merely palliating or suppressing symptoms.

Without the understanding and knowing of these existing laws and without applying Kinesiology to find those options, would only leave us using a trial and error method.

Kents lectures quotes from Dr Samuel Hanhemann's Organon of Medicine: "*All chronic diseases have their first manifestations upon the surface, then travel to the inner parts of man. If the symptom is 'thrown' back or stopped by whatever means, the patient appears to recover, but does not, it is only suppressed*".

As observation by these great physicians became focused upon the unfolding of the laws of healing, other regularities in reaction were discovered and the law, pertaining to the **direction** of cure, was formulated as follows:

ACTION/REACTION

When something occurs, there is always some kind of ripple affect. Toward it, or against it. In the simplest form, for example, you are spoken to (an action) and your reaction is to answer (or not answer for that matter). Another example is the action of the breeze, a movement of force against the leaves of a tree. The tree reacts by either bending with the wind or snapping against its force. Either way, there is an action followed by a reaction in each and every example of life.

*Even every action the body registers
creates some type of reaction.*

This law is very important to the art of healing. A great misconception in the health and wellness industry is that the preparations or the practitioners are the source of the healing. This is easy to do if we don't understand the true source of that healing. All healing starts within, and yet you cannot force anyone to be well. It could be easy to say that the preparation or the healing session did the healing but the only thing it provided was an element within the person in which to heal themselves. The best we can do as wellness practitioners, is **create an environment where the innate healing intelligence of the person can do its work easily.**

Our body, our neurology is designed to survive the best way it can. As a consequence it will develop a series of defense mechanisms that are on alert at different times in different circumstances. Because of the association between the defense mechanisms and thoughts, our thoughts can trigger defenses even at the wrong times. When this situation continues the person becomes exhausted very quickly by defending themselves against no one. In turn we begin to produce symptoms as a result. We think they are sabotage programs or a way of being self destructive, but for the large part, they are the

symptoms of the conflict we are in, projected into our world (drama for example) or expressed through our body becoming sick.

The art of healing comes with knowing what type of challenge to use to elicit a positive response. The right Action can be used to redirect our defense mechanisms to help healing take place, by reacting in an appropriate way for healing. Every action the body registers creates some type of reaction.

With the constant barrage of actions that our bodies perceive as threatening in every day living, we can easily become reactive to all sorts of events in our lives. Thoughts, perceived thoughts, feelings, toxins, food, artificial substances, even genetic modified food. This creates a constant energy drain through the day. This within itself can be enough to create an environment where disease can develop. We become stuck in the action reaction cycle that is unhealthy for us. It feels like we are going around in circles, because we are.

The law of Action/Reaction has great significance in the healing processes. Homoeopathic physicians use this law to observe an aggravation or healing crises occurring within a person after dosing with the appropriate homeopathic preparation.

As we learn to recognize these responses and practice them we become able to heal effectively at a subconscious level.

LIKE CURES LIKE

The previous notes on Action/Reaction naturally lead to the recognition of the principle that Like cures Like. The correction for an allergy could be to use a homeopathic form of the food causing the body's reactions. Looking at this from a larger perspective we see that these common and reproducible laws

exist outside of our beliefs and values, yet have to affect all of them to some degree.

If a healthy person is given too much of any food or substance, he or she will develop symptoms of having too much of the food. Likewise if the same person were given a homeopathic preparation over a period of time he or she would develop even more obvious symptoms peculiar to that preparation. This is how the symptoms of the preparations became known, and still today, the same symptoms can be produced in people using the same preparations.

No two energy patterns can exist in the same place at the same time. When a homeopathic preparation or any other appropriate preparation, is given that matches exactly the energy pattern that is causing the problematic symptoms, those symptoms go away. This raises the question of different strengths of energy patterns. It is possible to recreate the energy patterns that cause the symptoms in ways other than homeopathic preparations. It requires much more activity of the conscious mind to help construct the picture that matches exactly that of the adverse energy pattern. If this can be done the results are simply amazing, as they are too when a homeopathic preparation matches perfectly with the adverse energy pattern.

One of the problems with identifying this law exactly is that the energy of an illness picture is “mixed” with the energy picture of the person and has to be differentiated before the most appropriate preparation can be given. This is why much symptom analysis is done in Homoeopathy. The desire there is to recognize the symptoms of the illness and so be better able to choose a preparation that produces those same symptoms in a healthy person. Sometimes, it would follow, it could be something other than a homoeopathic preparation that may match the energy pattern of the problem better. Perhaps a Herb or Vitamin or Emotional release or something else even more obscure could be the preparation for that person for that problem for that time.

Without the use of Kinesiology to find those options we would have to use the old trial and error method.

HERING'S LAW OF CURE

Not enough emphasis can be placed upon the importance of the law of direction of cure of diseased states. By cure we mean the complete eradication of disease states and consequently the complete eradication of the symptoms, and a return to a condition of normal, vigorous health.

The energy of the person must first be set in order by the matching correction. The understanding of this great law of cure has proven of inestimable value in this process, in that we have to know definitely whether we are proceeding in the manner that will lead to ultimate cure of the client, or whether we are merely palliating or suppressing conditions.

IMPROVEMENT AND CURE COME FROM WITHIN OUTWARD.

Just as no growth and development can take place from outside inward, so no hope of cure can be held that moves in a contrary direction. Growth and development and cure are centrifugal and never centripetal.

SYMPTOMS DISAPPEAR FROM ABOVE DOWNWARD;

COMPLAINTS GO FROM AN IMPORTANT ORGAN TO A LESS IMPORTANT ORGAN;

SYMPTOMS DISAPPEAR IN THE REVERSE ORDER OF THEIR APPEARANCE.

One of the best illustrations is the rheumatic fever. This is a case where the joints of the extremities are first attacked, next the joints nearer the body, and presently we find the heart involved. This is the natural order of the onset of the symptoms. Now if we relieve the symptoms appearing in the extremities, are we approaching a cure? Consider the vital organs that are in danger, if they are not already attacked.

But under the application of the carefully selected homoeopathic preparation the more important organs are the first to be freed (being the last organs to be attacked) and gradually the manifestations recede to the extremities, the first to be attacked.

As observation became focused upon the unfolding of the law of cure, other regularities in reaction were discovered and a second law of cure, this time pertaining to the **direction** of cure, was formulated as follows:

- 1. CURE TAKES PLACE FROM ABOVE DOWNWARD,**
- 2. FROM WITHIN OUTWARD,**
- 3. FROM AN IMPORTANT ORGAN TO A LESS IMPORTANT ORGAN;**
- 4. SYMPTOMS DISAPPEAR IN THE REVERSE ORDER OF THEIR APPEARANCE, THE FIRST TO APPEAR BEING THE LAST TO DISAPPEAR.**

Simple disappearance of symptoms is by no means cure; symptoms often have periods of recurrence, but no true cure has ever been observed that did not follow the law of direction. The necessity of constant study of the philosophy that underlies homoeopathy becomes more and more apparent if practitioners would be masters of their work. If one can know that they are proceeding in the right direction, it gives patience and the courage to wait for events, knowing the prognosis is favorable and the work is effective.

Written by: Jennifer Beasley

Jennifer Beasley, a Neuro-Trainer, Kinesiologist and Naturopath, is a highly skilled practitioner who is passionate about alleviating both physical and mental barriers so people can feel healthy and stress-free.

Well known and respected in her field, Jennifer has practiced for 28 years throughout Australia. She has two clinics and a college campus operating to give patients and students one-on-one support. In Melbourne (Lilydale) and Northern NSW (Lismore). As the Director of Kinesiology Info and Neuro-Intelligence Institute, Jenni has travelled not only throughout Australia during this time but also written many articles on the natural laws of recuperation and healing, recuperation to vaccination damage, and stress defusion.

Practitioner and teacher of Neuro Training, Kinesiology, Naturopathy, Jenni is recognized nationally and internationally as a speaker and lecturer. Other qualifications include:

Advanced Diploma in Special Education, Advanced Diploma in Naturopathy, Nutrition and Western Herbal Medicine. Other Certificates - Homeopathy, Iridology, Neurology, Acupressure, Reading faces, Spiritual practice and well-being.

Member: Australian Institute of Kinesiologists, Aust. Kinesiology Association and the Australian Traditional Medicine Society, Executive and Instructor Trainer of Neuro-Training and CEO for the College of Neuro-Training. Her extensive training and knowledge in so many therapeutic modalities is her reason for such profound results.

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