



# **Your Free Report**

**Valued at \$47-95**

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# STOP

**Before you commit to studying any Kinesiology training read this....**

**Pay close attention to this comprehensive checklist before you spend your hard earned money on incomplete or outdated information!**

**Does the Kinesiology study that you are considering -**

- ☐ Offer Neuro-Training *and* Kinesiology, a dual certificate?
- ☐ Offer Kinesiology and Neuro-Training certificates developed not only by qualified Kinesiologists and Neuro-Trainers but also qualified Naturopaths, Homoeopaths, Herbalists and Nutritionists?
- ☐ Deliver Kinesiology by highly trained instructors versed in both Kinesiology and Neuro-Training?
- ☐ Highlight the difference between using proven, elegant procedures rather than just Kinesiology techniques?
- ☐ Mention the importance of your subconscious mind, let alone its influence on your ability to direct healing?
- ☐ Explain the benefits of training the person's nervous system, with the application of Kinesiology, in the most congruent way?
- ☐ Have clear definitions and able to correctly explain the difference between Kinesiology and Neurology?
- ☐ Impress on you the importance of working with recuperation and how it is even more important than focusing on 'healing'?
- ☐ Offer information and procedures for dealing with short term, long term and inherited challenges?
- ☐ Explain why suppression is the reason why you need Kinesiology?
- ☐ Explain how to find and change the affect suppression has on your life and health?
- ☐ Explain the importance of working within the Universal Laws of Healing?
- ☐ Use an objective reference to validate its processes like the Model of Universal Principles?
- ☐ Have a working understanding of Behavioural Genetics and how it relates to the outcome of a kinesiology session?

- ☐ Have a proven working model for the session procedure that will guarantee a better session experience?
- ☐ Clearly state consequences of using Kinesiology for problems rather than for anchoring solutions?
- ☐ Offer an open learning environment where the individual can learn how to direct their healing process?
- ☐ Have procedures that allow you to muscle check for the long-term negative consequences to a session, and know what to do to change them?
- ☐ How to position your self to fully experience what these Universal Laws can do for your health and success in life?
- ☐ Work within the Laws of Nature when applying that type of Kinesiology?
- ☐ Uses Kinesiology to take full advantage of your inherent resources and use your genetic makeup as a means of supporting your desires and goals?
- ☐ Offers the means to assist you to increase the quality of your spirit and life?
- ☐ Takes a common sense look at the function of human behavior and how it reflects in your behavior in a way that can be used to support your personal growth?
- ☐ Explain how learned helplessness and survival patterns undermine most healing?
- ☐ Train you and your subconscious to express the best out of your nine intelligences?
- ☐ Works with how a person harbors Physical Body Habits, Nutrition, Emotional Stress reactions, Psychological Misperceptions, Meridian and Chakra dysfunction. Your own or inherited Fears. Conflicting Beliefs also your own and inherited. Family conflicts, Society conflicts, Finances, Politics and Religion challenges?
- ☐ Offers the latest research in Neuro-Science and its integration into the practical applications with clients?
- ☐ Will teach you the nine ways to monitor a muscle to find all the related pathways connected to a reaction pattern?
- ☐ Integrates all other Kinesiologies, modalities and principles of human activity?
- ☐ Not just teach you a whole lot of different techniques, but rather the importance of context?
- ☐ Offers multiple qualifications as a basic structure for its training?
- ☐ State that it is registered with the Australian Kinesiology Association industry body?
- ☐ Is a nationally recognised qualification?

- ☐ Offer other modules in:  
 Human Behavioural genetics,  
 Hand reading (Cheirology), the study of thinking patterns you have inherited,  
 Face traits, the study of facial characteristics and emotional reactions - (Applied Personology),  
 Innate Systems and Specific Skills (self driven recuperation from Neuro-Training)  
 with no previous specialist knowledge in Kinesiology?
- ☐ Offer an integration of the principles of other health modalities in a totally new format designed by the results from thousands of clients?

### **Here's what others have to say:**

*"Neuro-Training has given me ways of removing the limitations to positive behaviours and clear thinking in my clients. It has added greater depth to my work and created profound results".*

Deborah Beers Coogee NSW

*"As a Neuro-Trainer and practitioner of 20 years, I have observed major changes in the lives of clients and students. Neuro-Training has given me a solid foundation to build a thriving practice and training centre".* Rhonda Hall Warragul Victoria.

*"In the 21 years I have been a practitioner and teacher, Neuro-training has proved to have the most profound and congruent results. The differences in long-term health and recuperation, is amazing".*

Jenni Beasley Lismore NSW

For years many people have studied Kinesiology to discover there was so much more they had not covered. Despondent and frustrated they felt the need to start all over again. Don't let the past mistakes of past students be one of yours.

Consider what you want to study very seriously before you spend your time and money on developing your new career or investing in your personal development.

Ask these nuts and bolts questions to each and everyone who offers to deliver a Kinesiology qualification.

**Free presentations** on how we can support your decision to make some fantastic changes in your life are available by contacting the college.

# **Your Free Report**

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## **Solution Oriented Neuro- Training and Kinesiology**

**By**

**Jennifer Beasley, Campus Director**

(Adv Diploma in Naturopathy, Western Herbal Medicine and Nutrition,  
Adv Diploma in Early Childhood Education, Adv Diploma in Special Education, Intellectual Disabilities,  
Diploma of Kinesiology, Professional Kinesiology Mentor and Neuro-Trainer).

# Solution Oriented Neuro -Training and Kinesiology

Neuro- Training is a solution oriented working model for Kinesiology. Throughout all teaching modules it has established a direction of using a solution-oriented approach so as to develop recuperation for *long term healing*.

## You are your own solution

Did you know that from the moment we are born we are training our nervous system, our abilities, not only how to walk and talk, but also how to use our innate, (inborn) intelligence, our inherited resources, and our natural recuperation ability. For most of us it's not something we spend a lot of time thinking about. It's an automatic thing that we all do.

The philosophy of *Neuro-Training* is based on knowing, understanding and training our genetic references as resources. Based on the premise that we all have inherited and learned resources built within our neurology, (our nervous system) and as such have the solutions to our own conflicts and challenges. Most of us are not trained to use the best of what we innately and naturally have, to use the best of who we are and to challenge ourselves to evolve even further. When trained appropriately, these become as natural to us as breathing. This is the first step to becoming much more of who you are.

When we are stressed, challenged, sick, or in financial difficulty we don't think about going back and using our inherited references as the

solution. Unfortunately, we go back into our reactive distress responses and make life feel even harder. But there's an easier way.

We have an enormous amount of internal strengths and resources. Just think about how many people in your ancestry that may have been teachers, scholars, specialised craftsmen, or people who had political power or influence. All that is a part of you. Each one of our ancestors had a special skill that we also have as part of our DNA.

*...Most of us are not trained to use the best of what we innately and naturally have, to use the best of who we are and to challenge ourselves to evolve even further...*

When we are sick or have a problem, the symptoms you experience are simply pointers to some kind of internal conflict in your life. Training yourself to be your own resource for these internal conflicts is a major focus for which *Neuro-Training* is based because the solution is within you. This is also highlighted through all out programs and modules for practitioners in training.

**You choose:**

**Feel better about your problem or get past your problem!!**

Many practitioners work from the position of, "Let me help you with your problem," because you as the client or patient comes to them with a problem. It's a model based on the authority of fixing you and is primarily a medical model approach.

An important question for alternative health practitioners is: Do I want to help you do better with your problem, or help you to get *past* your problem? These are two very different contexts.

At times clients and practitioners try to find out *why* people have their problem, instead of *how* the person is maintaining the problem.

### **The importance of the 'how' in healing.**

Focusing on why you have a problem will help you understand some of the dynamics around the issue, however it does not lead you to understanding how you created the problem. This is an important aspect when using Kinesiology to overcome a conflict.

In life and healing, if we spend too much time looking at why we have the problem, we may have a better understanding of the problem but if this method is over used, it will lead to justifying having the problem. In the end we have a story of why we have the problems, but without strategies or healing procedures to move on and adapt to it.

Also, when we justify, we make it ok to have our current problem or circumstance. We begin to use language such as: "The reason I have this conflict is because, etc". This focus results in having no reason to find constructive ways to move past the problem only to consider the reasons for having it. As a result the problem never really resolves. This can lead to chronic illness patterns. The long-term result for some is that they feel much better about the original problem, but in truth they still actually have it. Have you ever heard anyone ever say:

*"Oh yes, I still have the problem, but I feel much better about it!"*

In other words, they have not got past their problem they have just learned to compensate for it. If we spend time looking at *how* we maintain the problem, we are open to observing our patterns that maintain our symptoms. This allows us to then form new strategies and also use Kinesiology to find the resources to support these new strategies.



Focusing on how we maintain our symptoms automatically sets our internal references to search for the solutions to heal in a much more proactive way.

### **What we focus on expands**

Subconsciously we are always attempting to heal ourselves. Our brain, that is, our neurology is continually searching for ways to be better. There are two ways to do this. Move toward what we want, or away from what we don't want.

*Our thoughts and language are like a powerful rudder.  
They steer our hopeful projections and at every  
moment our subconscious listens to this...*

If we move toward what we want the result feels great because we achieve what we want. If we move away from what we do not want we only feel relief on the basis that it has not caught up with us yet.

You see, what we focus on expands.

If we focus on the things we don't want, we will unfortunately end up having that very thing because our brain cannot, 'not do'. It cannot do the negative. If I were to say,

"Don't think of an apple pie with a cherry on top" – what is in your mind thinking of right now? I bet it's an apple pie with a cherry on top.

If you constantly move away from pain, anxiety, the conflict or the loss, you are in fact training yourself to move toward them.

That is how our fears manifest too.

Imagine an athlete in position waiting to start the race. What will help him win? The thought of "run to win, run to win", or don't lose' what ever you do don't lose...?" When we think about it, our thoughts and language are like a powerful rudder that steers our hopeful projections

and at every moment our subconscious listens to this and acts out our thoughts.

Using Kinesiology, or what I prefer to call Neuro-Training (because that is in fact what we do – train our neurology) has significant results when applied in a solution focussed way.

### **The Problem with Problem focus**

From a brain or neurology point of view, working directly on the problem too much can reinforce problem orientation, that is, you sort out one problem and there's another to take its place. So if we focus on the problem, and then another problem and then another problem that is what our brain searches for, more problems. It will start to search for problems you had in the past and bring them to the surface of your conscious mind through pain, discomfort or a conflict in your life or relationships.

Your subconscious always wants to do the best it can. Even if it appears it is not doing the best (through symptoms, pain and conflicts), it is attempting to live out its training, the best way it has been trained. You see, it's all in the training.

Our subconscious will re-trace through our history banks to find another unresolved problem in our past, rather than tracing for solutions if not trained that way. This is a natural consequence of attempting to heal from a problem focus.

One may say, well, this is not a bad thing it's sorting stuff out isn't it? To a degree yes, it is ok, however, it is *how* we do this process that is more important. The first challenge is our energy. It takes a lot more energy to heal using a problem focus and this energy could be used in so many other areas of our life.

Our subconscious has a lifetime experience of unresolved challenges. We will always have unresolved problems buried deep in our subconscious. They will always be there. Focusing on these one by one would have us attempting to sort out a 'life-time track' of challenges that would just never have an end. Even if we had re-traced through all our suppressed illness and/or conflicts from our life experiences, we would then begin the search through out our ancestry!

As a result we become saturated in problem focused living forever.

### **Solution focus**

We will always have problems and challenges in life because that is life. In fact we wouldn't feel truly alive if we were not challenged to some point. The bottom line is how we deal with those challenges.

In being solution focussed using Kinesiology, we look for the solution. We look for what resources we have that will resolve the conflict. When our subconscious does its re-tracing process through its attempt to heal, we automatically find a resolve for the next challenge because we have been subconsciously trained to do this. In using the Neuro-Intelligence and Neuro-Training Kinesiology approach we look for and apply the resources we already have to the issue. That way we set up to automatically adapt to challenges as they are presented to us.

***.....we wouldn't feel truly alive if we were not  
challenged to some point.***

***The bottom line is how we deal with those challenges.....***

### **Change your focus**

You have many resources available to you in your subconscious and your super-consciousness, you just need to go and look in a positive solution focussed way.

Contemplate the idea of directing your conscious mind to control your subconscious mind instead of the other way around. Change the direction of your thinking. Discovering how to use your talents and innate resources automatically gives you the innate power to find your own solutions. Using Neuro Training Kinesiology enhances this two fold.

It's not until one human runs the race and beats the world record that we begin to contemplate the reality that we can go beyond our current expectations. Challenge yourself to go beyond your current metaphor.

In a clinic situation, the primary focus for people is to get them past their problems. If you are considering becoming a practitioner, I would encourage you to think about this important difference.

Through the College of Neuro-Training, we also teach practitioners in training to use this approach in their clinics.

Neuro-Training provides you with training to access your natural abilities. This allows you to create what you want, rather than what you don't want. Redirecting people from focusing on their problems to focusing on their solutions is very powerful. It has an enormous influence on the results you want to achieve in your life.

## Neuro-Training

Neuro-Trainings purpose is to set a new standard of excellence in education and life style alternatives and the development of the application of those alternatives.

**Neuro-Training Pty Ltd** is founded upon the vision that we have entered an era of global awareness, cooperation and unity, in which Kinesiology plays an integral part. We are committed to the expansion of Kinesiology through the expression of individual potential and its purpose is to explore and understand the Natural Laws of Healing.

### What is Neuro-Training?

It is a solution-oriented synthesis, an integration of alternative modalities, vocational education, self-development techniques, learning enhancement programs and other personal development skills.

Neuro-Training uses Kinesiology as part of its application for one to strive toward vitality and well-being in an integrated and congruent way.

### Kinesiology and Neuro-Training

Neuro-Training Pty Ltd, is the company under which the **College of Neuro-Training** delivers a Certificate Four in Kinesiology, a Certificate of Solution Oriented Neuro-Training, other Neuro-Training Modules, and Self Help Workshops.

The Certificate Four in Kinesiology offered by the College of Neuro-Training, falls under the Australian Health Care Package, a national body that endorses and recognizes the information delivered.

The Certificate of Solution Oriented Neuro-Training is recognized nationally within the Kinesiology Industry.

The industries regulating both the health care package in Australia, and the Australian Kinesiology Association are two important bodies for the Australian Kinesiology practitioner in training to be endorsed by.

With over 30 years in its infancy, Neuro-Training has come of age and is now a philosophy that can be utilised with Kinesiology by people in all areas of life. Neuro-Training is a new way of experiencing the integration of many modalities, including Kinesiology, and others, that have existed for decades.

Other Neuro-Training Modules, and Self Help, Innate System workshops are also recognized by Neuro-Training Pty Ltd.

## Neuro-Training and Recuperation

**Healing and recuperating** is an inherent part of our **genetic makeup**. Our genetic resources help us to find more appropriate solutions for the mental conflicts, emotional traumas and physical stressors that make extraordinary demands on our energy systems.

### The Model of Universal Principles

**The “Model of Universal Principles”** developed by Neuro-Training, is the first truly universal working model for Kinesiology. It gives us the fundamental understanding of how a person expresses their individual experiences of life and living.

The Model of Universal Principles through its use and research, has exposed the **nature of the suppression of our innate expression**, as the underlying cause of so many distresses in life. The fears, conflicting beliefs and unsupportive habits and other influences that block our true self-expression are accessed and defused through the use of this integrative model, and Neuro Training and Kinesiology.

The “Model of Universal Principles” was developed from 21 years research into the use of Kinesiology in combination with Naturopathic and Homeopathic Laws. The result is **a unifying model using ALL forms of Kinesiology**.

It moves the focus back to muscle monitoring itself as the common tool for Kinesiology and Neuro-Training Practitioners and is helping Kinesiology to be considered by others as a professional modality.

Neuro-Training Pty Ltd is proud of this achievement and is delighted to invite you to become aware of the significance of what will become the basis for the unification of all Kinesiologies as a single profession in the near future.

### Our Courses

**The College of Neuro-Training offers the following courses**  
**Certificate IV in Kinesiology (HLT42812)**

A government recognised qualification delivered concurrently with the following.

**Certificate of Solution Oriented Neuro-Training**

A Neuro-Training with Kinesiology qualification, recognised and accredited by the Australian Kinesiology Association (AKA).

Other information:

Australian Qualifications Training Framework (AQTF)

## **AQTF Qualifications**

As part of the Health Training Package, two qualifications in the area of Kinesiology have been developed.

**Certificate IV in Kinesiology (HLT42812)**

**Diploma of Kinesiology (HLT51507)**

More information about these qualifications can be found at the National Training Information Services (NTIS) website: [www.ntis.gov.au](http://www.ntis.gov.au).

You can also find out more about the AQTF, Training Packages, RTOs and vocational education training at [www.training.com.au](http://www.training.com.au) or by contacting College of Neuro-Training.

For Full details on our courses contact:

**The College of Neuro-Training Lismore or Lilydale**

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Jennifer Beasley Neuro-Trainer, Kinesiologist, Adv. Diploma of Naturopathy, Western Herbal Medicine and Nutrition and also a Diploma in Early Childhood and Advanced Dip in Special Education. Diploma of Kinesiology.

The Director of Neuro-Intelligence, Jenni has participated in Kinesiology since 1984 and has been in practice for the past 20 years. Operating her private clinics (Lismore, Melbourne, Gold Coast and Perth), Jenni also holds workshops and modules, a Kinesiology Mentorship program and assessments in Kinesiology. Over the years Jenni has studied natural therapies, homoeopathy, counselling, nutrition, massage, energetic healing, Hand and Face Trait reading, Cert IV in Assessment and Workplace Training and a Advanced Diploma in Naturopathy.

Currently Jenni is a member of the Australian Kinesiology Association, Professional Level Three and other professional membership associations for Natural Therapists.

She has also contributed much of her time to the Professional Associations of Kinesiology, both locally and internationally. Jenni has presented throughout Australia, and USA on Kinesiology and written many articles on the consequences of vaccine exposure, recuperation and the natural laws of healing and solution oriented kinesiology.

With a background in Special Education, specialising in Intellectual Disabilities, Jenni draws much from her former experience in training children and adults with neurological challenges.

In her clinic Jenni combines both Kinesiology and Neuro-Training procedures to retrain people who have never fully recuperated from any life experience, including exposure to toxic substances. Jenni is not only a busy Kinesiology practitioner she is also a Trainer and Executive for Neuro-Training Pty Ltd providing the Certificate IV in Kinesiology with Neuro-Training.

***Neuro-Intelligence – Training in Human Excellence.***

**For more information 0403 567 435**

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